



Eastbrook School

04 July 2023

Dear Parent/Carer,

**RE: Tower of London Trip (Y7), 7 July 2023 8.30am-3.30pm
INFORMATION SHEET FOR STUDENT**

Purpose of the visit

Students are visiting a historic site dating back to the Norman Conquest in the Early Middle Ages (1070) to give them an opportunity to learn more about this historic site and to reflect on their learning on Medieval castles but after 1066. However, we really want you to enjoy the heritage site and explore our local history and spend time with school friends in a beautiful setting.

On the day

- Arrival to school at 8.30am where you'll be directed to the lunch hall. You'll be registered in the lunch hall and placed in your groups for the day.
- We will leave school at 9am to walk to Dagenham East. Staff will have many things to organise before we leave so, please sit with your group and wait for staff instructions.
- The majority of students will be with their form tutors (7C/7F/7B/7D) however some (7A/7E/7G) will be with other teachers with forms split up. There will be 2 teachers per group and 5 groups of approximately 20 students.
- The groups will see each other in passing during the day however you must stay with your designated teachers. The Tower takes this very seriously and ask all schools to ensure the students stay in their small groups as it is a very busy tourist area. Your safety is highly important to the school and therefore you must follow the instruction of your member of staff at all times.

What shall I wear?

It will be non-uniform however please dress appropriately for a long day. Trainers and comfortable footwear are recommended as there are lots of steps. It is a very warm day and therefore make sure hats are worn/sun cream/clothing is comfortable for this trip. The Tower of London has lots of steps to enter and exit all buildings and therefore comfortable footwear is very important. Bring a jumper as it may be cold inside the buildings due to air con inside or in shady areas of the Tower. If you are wearing shorts, they need to be an appropriate length. NO short shorts for girls!

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Food and lunches

If you are entitled to a free school meal a lunch is provided at the start of the day to carry with you. It will consist of a sandwich/drink/piece of fruit and so please bring extra to supplement your lunch. This will be organised; you just need to collect on the day! It's usually cheese or tuna!

- There will be no stopping on the journeys until we get to the Tower so, please bring all the food and drink you need for the day with you to school by 8.30am. All drinks must be in plastic and not glass bottles. **You MUST bring lots of water- there is no chance to pop to shop until break times in the Tower.**

Gift shops

Please bring only a small amount of money if you wish to visit the gift shop. The gift shop is very expensive as is the ice cream carts insides Tower so only a small amount of money is needed for a small souvenir. Any loss of money on the day **will not** be reimbursed by the school.

Phones

The phone policy on any trip is the same as if you were in school. We want you to have a lovely day with lots of social interaction with your school friends and staff and so we ask for phone use to be with the permission of staff members for example to take pictures. Be aware that some parts of the Tower do not allow photos to be taken like for example the Jewel House so watch out for signs and follow the rules. **The school is not responsible for any loss or damage to phone on the day.**

Behaviour

- We want everybody to enjoy themselves on the day and have fun in a beautiful heritage site. You are also ambassadors of Eastbrook School therefore everyone needs to listen to staff and be the best versions of themselves. You will need to listen to the teacher when speaking to the group and so that you can hear instructions. The Yeoman Warders or Beefeaters as they are more commonly known take behaviour of students very seriously and will have a word with anyone who they feel is not behaving as they should.
- Poor behaviour could also lead to the school not being allowed to the Tower next year or being asked to leave on the day. That has never ever happened before and I expect the same on this trip, as everyone will to be on their best behaviour.
- This also includes any rubbish from lunches on the day which need to be placed in the many bins dotted around the Tower.
- **Reminder that we are guests and that other members of the public are paying a lot of money to visit and therefore they should keep their noise level down = No Shouting.**

Activities on the day

You will be given a small booklet to complete on the day, collected at the end by your staff member with prizes for those that completed the booklet to an excellent standard. However, the History Department want you to enjoy the experience and this amazing heritage site. Please bring along a pen or pencil to complete the booklet.

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Bags

You will need to bring a bag with you on the day to carry food drink and anything else you may need like for example stationary/tissues/any medication you are taking like antihistamine for hay fever. However, if you have a medical condition which results in the school having your medication this will be carried by your staff member on the day.

Breaks during the day

Lunch/toilet breaks will be decided by your staff member. There are many places around the Tower for a break and to go toilet. However, please use toilets before you come to school or as you arrive in the lunch hall at 8:30 before arriving at the Tower.

End of the day

Some students will be dismissed from Dagenham East between 3 and 3:15, others from the school gate at approximately 3:30. Your parents have identified where they wish you to be dismissed from and your staff member will be aware of this. Any changes to this will need to be in writing, in your planner, signed and dated by your parents and shown to Ms Malik before Thursday.

NO REFUNDS WILL ISSUED IF YOU DO NOT ATTEND THE TRIP FOR WHATEVER REASON.

MOST IMPORTANTLY ENJOY THE DAY!

Yours sincerely,

N Malik

Ms N Malik
Teacher of History