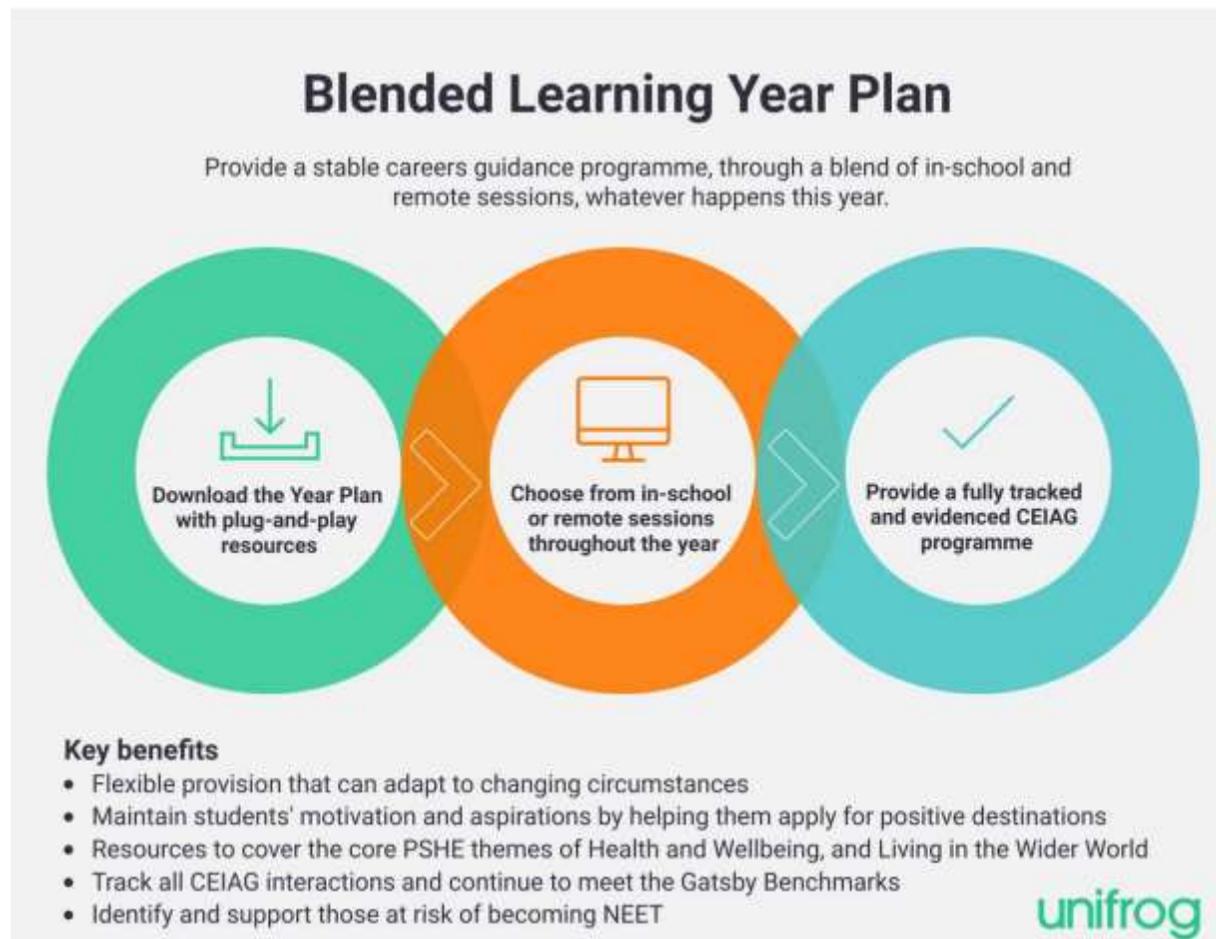


Careers Education Plan 2021 - 22



Our vision for Eastbrook School students is for them to achieve their best and our careers programme plays a key role in this. Students' success in school and university, in work and life beyond depends on careers education, information, advice and guidance to enable them to choose education and career pathways that are right for them



Year 7

Term	Autumn	Autumn	Spring	Summer	Summer
Description	What is Unifrog? Introduce the platform to students, get all students logged on, and complete the Careers library treasure hunt	Introduce students to skills and why they matter. They can then use this knowledge to identify their own skills!	Students complete the Interests quiz on Unifrog and find out which jobs might be of interest to them.	Students find out how to identify their activities and record them for future use.	Students explore dream jobs on the Careers library and how to choose them.
Objectives	<ul style="list-style-type: none"> To learn about a variety of different careers and become familiar with the Unifrog Careers library 	<ul style="list-style-type: none"> To learn what skills and competencies are, and how to demonstrate them. To use this knowledge to identify students' own skills and learn how to record them on the Unifrog platform. 	<ul style="list-style-type: none"> To allow students to learn more about themselves and explore the careers commonly associated with their interests. 	<ul style="list-style-type: none"> To understand why recording activities is important, and how this will be useful in the future. To learn how to record activities on the Unifrog platform. 	<ul style="list-style-type: none"> To explore what students' dream jobs are and how they can consider different possible jobs. To familiarise students with the Careers library so they can learn more about various jobs and research what they need to do to achieve their goals.
Gatsby Benchmarks	<ol style="list-style-type: none"> Stable careers programme Learning from careers info + LMI Addressing needs of each pupil Linking curriculum learning to careers 	<ol style="list-style-type: none"> Stable careers programme Addressing needs of each pupil Linking curriculum + careers 	<ol style="list-style-type: none"> Stable careers programme Addressing needs of each pupil 	<ol style="list-style-type: none"> Stable careers programme Addressing needs of each pupil 	<ol style="list-style-type: none"> Stable careers programme Addressing needs of each pupil Linking curriculum + careers
CDI Framework	Explore possibilities Manage career See the big picture	Growth throughout life Explore possibilities Manage career Create opportunities	Explore possibilities Manage career	Growth throughout life	Explore possibilities Manage career
Competencies	Aiming high Teamwork Reading Writing	Teamwork Listening Reading Writing	Listening Independence Writing	Teamwork Independence Reading Writing	Aiming high Creativity Teamwork Reading Writing
PSHE Association	Work and career	Learning skills Work and career	Self-concept Choices and pathways	Learning skills	Work and career Choices and pathways

Year 8

Term	Autumn	Autumn	Spring	Summer	Summer
Description	Success means something different to everyone. Students will find out what it means to them in this session!	Students get to grips with words from the world of work they might not know	Take your class on a treasure hunt around the Careers library!	Help students make informed GCSE decisions, whether they know what they want to do in future or not	Use a game of bingo to explore competencies and practise identifying them!
Objectives	<ul style="list-style-type: none"> To explore students' potential personal motivators, and what success looks like to them. To familiarise students with the Careers library so they can learn more about various jobs that might suit their motivators and interests. 	<ul style="list-style-type: none"> To appreciate the importance of knowing terminology and to understand the meanings of key terminology related to careers. To refresh students' familiarity with the Know-how library. 	<ul style="list-style-type: none"> To learn about a variety of different careers and become familiar with the Unifrog Careers library. 	<ul style="list-style-type: none"> To provide students with confidence in the GCSE choices they make. To understand how Unifrog can help students make good choices at GCSE level. 	<ul style="list-style-type: none"> To learn what skills and competencies are, and how to identify them in activities. To use this knowledge to identify students' own skills and learn how to record them on the Unifrog platform.
Gatsby Benchmarks	<ol style="list-style-type: none"> 1. Stable careers programme 3. Addressing needs of each pupil 	<ol style="list-style-type: none"> 1. Stable careers programme 2. Learning from career + LMI 	<ol style="list-style-type: none"> 1. Stable careers programme 2. Learning from careers info + LMI 3. Addressing needs of each pupil 4. Linking curriculum learning to careers 	<ol style="list-style-type: none"> 1. Stable careers programme 3. Addressing needs of each pupil 7. Encounters with Vocational and HE 	<ol style="list-style-type: none"> 1. Stable careers programme 3. Addressing needs of each pupil 4. Linking curriculum learning to careers
CDI Framework	Explore possibilities Manage career Balance life and work	Manage career	Explore possibilities Manage career	Explore possibilities Manage career	Grow throughout life Manage career
Competencies	Aiming high Staying positive	Speaking Problem solving Teamwork	Teamwork Problem solving Reading Aiming high	Aiming high Independence	Teamwork Problem solving Reading Writing
PSHE Association	Work and career Choices and pathways Self-concept	Work and career	Work and career	Choices and pathways	Learning skills Work and career

Year 9

Term	Autumn	Autumn	Spring	Spring	Summer	Summer
Description	Lead the way to identifying what makes a great leader and how students can be great leaders too!	Students learn to talk about the activities they have taken part in and the all-important competencies they've learned along the way.	Take your class on a treasure hunt around the Subjects library!	Students understand self-compassion and how to incorporate self-care into their weekly routines.	Students discover the interests and skills that make them unique and link them to potential careers!	Students work together to create super teams that can tackle any scenario with their set of competencies!
Objectives	<ul style="list-style-type: none"> · To explore what makes a good leader and identify students' own leadership experiences. · To learn how to record competencies on the Unifrog platform. 	<ul style="list-style-type: none"> · To understand why recording activities is important, and how students' activities are linked to their skills. · To learn how to record activities on the Unifrog platform. 	<ul style="list-style-type: none"> · To become familiar with the Unifrog Subjects library. · To learn about and explore subject profiles suited to students' needs. 	<ul style="list-style-type: none"> · To learn what self-compassion is and how to incorporate it into students' daily routines. 	<ul style="list-style-type: none"> · To understand how exploring and identifying students' areas of interest can help with their career searches. · To become comfortable with using the Careers library. 	<ul style="list-style-type: none"> · To explore teamwork and what makes collaborating in a team work well. · To familiarise students with the Careers library and recording competencies on the Unifrog platform.
Gatsby Benchmarks	<ol style="list-style-type: none"> 1. Stable careers programme 3. Addressing needs of each pupil 	<ol style="list-style-type: none"> 1. Stable careers programme 3. Addressing needs of each pupil 	<ol style="list-style-type: none"> 1. Stable careers programme 3. Addressing needs of each pupil 4. Linking curriculum learning to careers 7. Encounters with vocational and HE 	<ol style="list-style-type: none"> 3. Addressing needs of each pupil 	<ol style="list-style-type: none"> 1. Stable careers programme 2. Learning from career + LMI 3. Addressing needs of each pupil 4. Linking curriculum learning to careers 	<ol style="list-style-type: none"> 1. Stable careers programme 3. Addressing needs of each pupil
CDI Framework	Grow throughout life	Grow throughout life	Explore possibilities Manage career Create opportunities	Grow throughout life Balance life and work	Explore possibilities Manage career See the big picture	Grow throughout life Create opportunities
Competencies	Aiming high Speaking Writing Leadership	Speaking Writing	Aiming high Creativity Speaking Reading Independence	Staying positive	Aiming high Presenting Listening Teamwork	Teamwork Speaking Problem solving
PSHE Association	Learning skills	Learning skills	Choices and pathways	Mental health and emotional wellbeing	Self-concept Choices and pathways	Learning skills

Year 10

Term	Autumn	Autumn	Autumn	Spring	Spring	Summer	Summer
Description	Students use the Unifrog Personality quiz to discover their personality type	Students learn how to find work experience that fits their interests!	Contacting employers can be nerve-racking! But this lesson will give students the confidence to do just that.	The last in a series of four, students use the Careers library to explore skills, salaries, and entry requirements.	What's the difference between a CV and a cover letter? And how do you write them? Find out in this lesson!	We know teamwork makes the dream work, but are students great team players?	Save Sally from a life of boredom! Students take part in a fun escape room activity which will test their teamwork and communication skills.
Objectives	<ul style="list-style-type: none"> ·To learn more about yourself and explore the careers commonly associated with your closest personality types. 	<ul style="list-style-type: none"> · To discover the many different places students can look for work experience opportunities and reflect on what students are interested in. · To use Unifrog to search for suitable businesses to approach for work experience. 	<ul style="list-style-type: none"> · To give students confidence in approaching prospective work experience employers. 	<ul style="list-style-type: none"> ·To learn about a variety of different careers and become familiar with the Unifrog Careers library. 	<ul style="list-style-type: none"> ·To develop a sound understanding of how to structure and compose a strong CV and covering letter. 	<ul style="list-style-type: none"> ·To explore teamwork and what students can do to be effective team players in future. ·To familiarise students with recording competencies on the Unifrog platform. 	<ul style="list-style-type: none"> · To explore different areas of the Unifrog platform whilst students practise their teamwork competencies.
Gatsby Benchmarks	<ol style="list-style-type: none"> 1. Stable careers programme 3. Addressing needs of each pupil 	<ol style="list-style-type: none"> 1. Stable careers programme 2. Learning from career and LMI 3. Addressing needs of each pupil 6. Experiences of workplaces 	<ol style="list-style-type: none"> 1. Stable careers programme 5. Encounters with employers and employees 	<ol style="list-style-type: none"> 1. Stable careers programme 2. Learning from career and LMI 	<ol style="list-style-type: none"> 1. Stable careers programme 5. Encounters with employers and employees 	<ol style="list-style-type: none"> 1. Stable careers programme 3. Addressing needs of each pupil 	<ol style="list-style-type: none"> 2. Learning from career and LMI 4. Linking curriculum learning to careers 7. Encounters with vocational and HE
CDI Framework	Grow throughout life Explore possibilities	Explore possibilities Manage career	Create opportunities	Explore possibilities	Manage career Create opportunities	Grow throughout life Create opportunities	Grow throughout life
Competencies	Independence	Aiming high Independence	Speaking Writing	Teamwork Problem solving Reading	Reading Writing	Teamwork Speaking Writing	Problem solving Teamwork
PSHE Association	Self-concept Choices and pathways	Work and career	Work and career	Work and career	Work and career	Work and career	Learning skills

Year 11

Term	Autumn	Autumn	Autumn	Spring	Spring	Spring	Summer
Description	Students learn about the opportunities available to them post-16. This is a great time to ask students to record their intentions for the end of this academic year!	How much do your students know about BTECs? They might be surprised by our pop quiz!	Students use the Unifrog platform to research potential careers, degree subjects, and interests that will help them to identify A-Level options.	Students have so many options when it comes to choosing an apprenticeship! This lesson will help them research and make choices that suit them.	Students gain an insight into the difference between stress and anxiety. They'll learn techniques to help manage them and places to go for support.	Students review their current revision techniques and choose two new revision techniques to try out!	Students gain an awareness of the changes ahead of them and develop coping strategies in preparation for this change!
Objectives	<ul style="list-style-type: none"> · To learn about and explore post-16 choices available to students. · To become familiar with the Unifrog Know-how library. 	<ul style="list-style-type: none"> · To develop students' understanding of BTEC subjects, the difference between BTECs and A-levels, and to tackle negative stereotypes. 	<ul style="list-style-type: none"> · To provide students with confidence in their A-Level choices. · To understand how Unifrog can help students to make good choices at A-Level. 	<ul style="list-style-type: none"> · To learn what apprenticeships are and how they work. · To consider the broad range of apprenticeship standards and which ones might be suitable to students. · To become familiar with the Unifrog Apprenticeships tool. 	<ul style="list-style-type: none"> · To give students a better understanding of stress and anxiety and their symptoms · To help students think of ways they could better manage their stress and anxiety 	<ul style="list-style-type: none"> · To familiarise students with 'good' and 'bad' revision techniques. · To give students tips to make their revision easier and more effective. 	<ul style="list-style-type: none"> · To understand the main changes that occur post-secondary school and how to navigate them.
Gatsby Benchmarks	<ol style="list-style-type: none"> 1. A stable careers programme 3. Addressing the needs of each pupil 7. Encounters with vocational and HE 	<ol style="list-style-type: none"> 1. A stable careers programme 3. Addressing the needs of each pupil 7. Encounters with vocational and HE 	<ol style="list-style-type: none"> 1. A stable careers programme 3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 7. Encounters with vocational and HE 	<ol style="list-style-type: none"> 1. A stable careers programme 2. Learning from career and LMI 3. Addressing the needs of each pupil 7. Encounters with vocational and HE 	<ol style="list-style-type: none"> 3. Addressing the needs of each pupil 	<ol style="list-style-type: none"> 1. A stable careers programme 3. Addressing the needs of each pupil 	<ol style="list-style-type: none"> 1. A stable careers programme 3. Addressing the needs of each pupil
CDI Framework	Explore possibilities	Explore possibilities	Explore possibilities Manage career Grow throughout life	Explore possibilities Manage career	Grow throughout life Balance life and work	Grow throughout life	Grow throughout life Explore possibilities
Competencies	Aiming high Reading Independence	Aiming high Reading	Aiming high Independence	Aiming high Independence	Problem solving Staying positive Independence	Aiming high Staying positive Independence	Independence Staying positive

PSHE Association	Choices and pathways Work and careers	Choices and pathways Work and careers	Choices and pathways Work and careers	Choices and pathways Work and careers	Mental health and emotional wellbeing	Learning skills	Mental health and emotional wellbeing Ourselves, growing and changing
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