



## Eastbrook School Week A - Secondary

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	<b>Sizzling Cumberland Sausage, With Onion Gravy</b>  <b>Quorn Sausage</b>	<b>Meat Balls and Rice</b> <b>Quorn and Rice</b>	<b>Roast Chicken dinner with stuffing</b>	<b>Spaghetti Bolognese</b>	<b>Chicken and Chips</b>  <b>Fish and Chips</b>
<b>Noodle /Pasta</b>	<b>Italian Pasta with Sauce</b> <b>Jacket Potatoes With Tuna, Cheese , Beans</b>	<b>Vegetarian Noodle Jacket Potatoes With Tuna, Cheese, Beans</b>	<b>Italian Pasta with Sauce</b> <b>Jacket Potatoes With Tuna, Cheese , Beans</b>	<b>Vegetarian Noodle Jacket Potatoes With Tuna, Cheese , Beans</b>	<b>Italian Pasta with Sauce</b> <b>Jacket Potatoes With Tuna, Cheese, Beans</b>
<b>Vegetable Salad</b>	<b>Seasonal Options</b>	<b>Seasonal Options</b>	<b>Seasonal Options</b>	<b>Seasonal Options</b>	<b>Seasonal Options</b>
<b>Compliments</b>	<b>Mash Potatoes</b>	<b>Vegetable Spring Rolls</b>	<b>Roast Potatoes</b> <b>Yorkshire Pudding</b> <b>Spring Rolls</b>	<b>Vegetable Spring Rolls</b>	<b>Spring Rolls</b>
<b>Dessert</b>	<b>Chocolate Sponge Custard</b>	<b>Vanilla Sponge Custard</b>	<b>Crumble Custard</b>	<b>Danish Pastry Custard</b>	<b>Doughnuts</b>



## Eastbrook School Week B - Secondary

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Chicken Pasta Bake	Sweet and Sour Chicken with Fried Rice	Roast Chicken dinner with stuffing	Shepherds Pie  Vegetarian Shepherd's Pie	Chicken and Chips  Fish and Chips
<b>Noodle/Pasta</b>	Italian Pasta with sauce Jacket Potatoes with Tuna, Cheese or Beans	Vegetarian Noodles Jacket Potatoes with Tuna, Cheese or Beans	Oriental Noodle Italian Pasta with Sauce Jacket Potatoes with Tuna, Cheese or Beans	Vegetarian Noodles Jacket Potatoes with Tuna, Cheese or Beans	Jacket Potatoes with Tuna, Cheese or Beans
<b>Vegetable/Salad</b>	Seasonal Options	Seasonal Options	Seasonal Options	Seasonal Options	Seasonal Options
<b>Compliments</b>	Garlic Bread	Spring Rolls	Roast Potatoes Yorkshire Pudding Spring Rolls	Spring Rolls	Samosa
<b>Dessert</b>	Cake Custard	Chocolate Sponge Custard	Marble Cake Custard	Marble Cake Custard	Doughnuts