



Eastbrook Primary School

1st April 2021

Dear Parents and Carers,

Year Three Swimming Lessons

As part of the school's curriculum, Year 3 children will be having weekly swimming lessons next term. The lessons will take place every Friday, starting Friday 30th April until 16th July 2021.

Your child will require the following:

- Boys - swimming trunks; Girls - one-piece swimming costume. Please note that baggy shorts below the knee or bikini style costumers are not suitable.
- A towel
- A swimming hat
- A brush, or comb.

Please observe the following rules on swimming days:

- No shower gel, deodorant or hair gel is permitted.
- Costumes must not be worn under clothes on the day of the lesson otherwise they will have no dry underwear to change into after the session.
- No jewellery must be worn.
- Goggles can be worn at the parents' discretion but will not be provided
- Verrucas should be treated and verruca socks worn.

If your child is unable to swim, please send a note in to inform the teacher. Unfortunately, if your child has forgotten, or doesn't have correct clothing with them this will result in your child not participating in the swimming.

The lessons will take place at the Becontree Heath Leisure Centre, Dagenham and we will be travelling to the leisure centre by public transport (bus).

Attached is a consent form for parent you to complete and sign, providing us with all relevant information. **Consent forms must be returned by Thursday 22nd April 2021.**

Goggles can be worn at the parents' discretion but will not be provided and verrucas should be treated or verruca socks are to be worn.



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We will ensure we follow the Leisure Centre's Covid-19 risk assessment and continually seek advice from LBBD.

Please do not hesitate to contact the primary office should you need further information.

Yours Faithfully

Mrs Nicholas
Head of PE

Dagenham Road, Dagenham, Essex RM10 7UR

Tel: 020 3780 3609

email: primaryoffice@eastbrookschoo.org

www.eastbrookschoo.org



Eastbrook Primary School

Year Three Swimming Lesson Consent Form

- Details of visit: Becontree Heath Leisure Centre, Dagenham
- Date and time of visit: Friday 30th April 2021 – Friday 16th July 2021
- Cost: No cost

1. I give permission for my child (full name).....DOB..... (Year 3) to participate in swimming lessons every Friday starting Friday 30th April to Friday 16th July 2021, at the Becontree Leisure Centre (Dagenham). Having read this letter, I agree to his/her part in the activities as described.

If you have any questions relating to the swimming lessons, please email primaryoffice@eastbrookschoool.org - subject Swimming/Mrs Nicholas.

2. I acknowledge the need for my child to behave responsibly.
3. Does your child attend swimming lessons outside of school? Yes/No/ Previously
If you answered Yes/Previously please note the current or highest badge achieved. (add information below)
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4. I understand that the school staff are in charge of the party and will take responsible care of the children, they cannot necessarily be held responsible for any loss, or damage or injury suffered by my son/daughter, which occurs as a result of the visit.
5. I understand that my son/daughter will be travelling to and from Becontree Leisure Centre by public transport (bus).
6. I authorise for my child to receive any first aid/medical attention if required during the course as deemed necessary in an emergency on the advice of a qualified medical practitioner.
7. Please list any medical conditions/allergies your child has. (if your child has asthma, please ensure a prescribed pump is provided and we have a pump in school for your child at all required times).
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(Parent/Carer) signature: _____ (Parent/carers) Name: _____

Date _____ Emergency contact numbers _____

I understand that I will inform the class teacher as soon as possible of any changes in my child's medical information or other circumstances between now and the commencement of the journey. I confirm all of the above is correct to date