



**Eastbrook School**  
Part of the Barking Abbey Family



# Key Stage 4 Options



**2025 - 26**

# Headteacher's Welcome

As you begin the exciting process of selecting your GCSE options, it's important to take the time to consider your choices carefully. The subjects you choose will not only shape the next two years of your education, but also form the foundation for your future studies and career opportunities. Although you may not yet know your exact career path, it is essential to have a journey plan that opens as many doors as possible.

At our school, we provide three option blocks, giving you the opportunity to study a wide variety of subjects. These choices will help you develop key skills and knowledge that will serve you well beyond your GCSEs.

One of the most important aspects of your decision-making process is understanding the value of the EBacc (English Baccalaureate) subjects. These subjects—English, Mathematics, Sciences, a Language, and either History or Geography—are highly valued by colleges, universities, and employers alike. By including EBacc subjects in your options, you are ensuring that you have a broad, well-rounded education that keeps your future options open.

All students are required to choose at least one of the following subjects: History, Geography, Triple Science, French or Spanish. This requirement is designed to ensure that you gain a strong foundation in subjects that are not only academically rigorous but also highly regarded by future educational institutions and employers.

As you make your decisions, remember that your teachers and our staff are here to support you. Take the time to talk through your options, ask questions and explore what each subject can offer you. This is an exciting part of your educational journey, and we are here to help guide you every step of the way.

Best wishes for the journey ahead,

*J Gibson*

**Jamie Gibson – Head of Secondary School**



# Options Timeline

## Options Fayre – 22<sup>nd</sup> January 2026

1

This will provide an opportunity to explore the subjects available and ask questions directly to subject teachers. The event will take place in the East Foyer during period 5.

## Parents Information Evening – 22<sup>nd</sup> January 2026

2

A short presentation will take place at 5:30pm in the East Hall. The session will provide families with a clear overview of the options process and outline the next steps to support informed subject choices.

## Options Window Open – 22<sup>nd</sup> January 2026

### How to apply?

3

On this date students will receive an email with a link to access '*Aplica*' where they can review the available options and confirm their subject choices.

## Deadline for Options – 12<sup>th</sup> February 2026

4

After the options window closes, no further changes will be accepted. Please ensure all choices are finalised before this date. Please note that some courses may not run due to low student numbers.



# The Options

As part of the Options process, students select three subjects from the table below that they wish to study along with one reserve subject.

A reserve subject will be offered if a chosen subject does not run due to low numbers or if there are timetabling issues with preferred options.

All students must select at least one of the following subjects: Geography or History or French or Spanish or Triple Science

Art, Craft and Design <b>or</b> Photography	Media Studies
Business Studies (5+ in Maths required)	Performing Arts
Computer Science <b>or</b> ICT	Physical Education
Design and Technology <b>or</b> Hospitality and Catering	Religious Studies
<u>French</u>	Sociology
<u>Geography</u>	<u>Spanish</u>
<u>History</u>	<u>Triple Science</u>
Health and Social Care	Alternative Pathways

Please note that subjects can only run if there is sufficient interest.

If a subject does not run due to low numbers, students will be notified and offered their reserve subject.



# English Language

## Outline of the Course:

In this subject you will draw upon a range of texts as reading stimulus and engage with creative as well as real and relevant contexts. You will develop higher-order reading and critical thinking skills that encourage genuine enquiry into different topics and themes. You will be taught to write effectively, demonstrating a confident control of Standard English.

## You should study this subject because:

1. We are shaped by language, so studying its use and significance is both important and exciting.
2. It teaches you essential skills, such as communication, collaboration, critical thinking, independence, adaptability and analysis.
3. It promotes a PROUD ethos and helps you to be moral, responsible, fair and respectful individuals.

## In this subject you will learn:

1. Reading skills such as synthesis, interpretation, analysis and evaluation whilst exploring the methods used by writers and the effects of form, language and structure.
2. Writing skills, including being able to communicate clearly, accurately and effectively, with tone, style and register matched to audience.
3. Spoken Language skills, such as using Standard English effectively.

## You will have the following assessments:

1. Paper 1: Explorations in Creative Reading and Writing
2. Paper 2: Writers' Viewpoints and Perspectives
3. NEA: Spoken Language

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

Employers LOVE students who have good English Language knowledge and skills, and by studying this subject you will have access to a range of career pathways, including jobs in journalism and media, publishing and editing, education and academia, marketing and advertising, public relations – and any job that requires communication.

**Head of Department:** Miss R Pearson

[pearsonr@eastbrookschool.org](mailto:pearsonr@eastbrookschool.org)



# English Literature

## Outline of the Course:

English Literature involves the study of a range of wonderful texts that cover different genres, time periods and cultures. Through literature, students have a chance to develop culturally and acquire knowledge of the best that has been thought and written. Students will read in depth, critically and evaluatively, so that they are able to discuss their understanding and ideas and appreciate the power of the English literary heritage.

## You should study this subject because:

1. You will read a rich range of novels, plays and poetry and learn about the world and yourself whilst doing so.
2. It's about creativity – not just in the texts that you read but how you respond, think and change in relation to them.
3. Literature is a part of our living cultural eco-system: it's still growing, developing and changing.

## In this subject you will learn:

1. Reading Comprehension and Reading Critically: you will develop your literal and inferential comprehension, as well as critical reading skills. You will evaluate writer's methods, compare texts and explore texts in context.
2. Critical Writing: you will develop your written analysis skills and your ability to produce a critical essay using thesis statements and developed Big Ideas.

## You will have the following assessments:

1. Paper 1: Shakespeare and the Nineteenth Century Novel
2. Paper 2: Modern Texts and Poetry

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

As with English Language, employers LOVE students who have good English Literature knowledge and skills, and by studying this subject you will have access to a range of career pathways, including jobs in journalism and media, publishing and editing, education and academia, marketing and advertising, public relations – and any job that requires communication.

**Head of Department:** Miss R Pearson

[pearsonr@eastbrookschool.org](mailto:pearsonr@eastbrookschool.org)



# Maths

## Outline of the Course:

Was mathematics invented or simply discovered? A question that divides opinion among mathematicians across the globe. What is unanimous however, is that maths is regarded as a universal language that serves as a bridge which connects people. In this subject you will develop fluent knowledge, skills and understanding of mathematical methods and concepts as well as learn how to reason mathematically, making deductions, inferences and drawing conclusions.

## You should study this subject because:

1. It will enhance your logical thinking and problem-solving abilities, useful in both academic and everyday life.
2. A good understanding of maths at GCSE level opens doors to further study in science, technology, engineering, and mathematics (STEM) fields.
3. Careers in finance, technology, engineering, and healthcare require a strong foundation in maths.

## In this subject you will learn:

1. Learn how to manipulate algebraic expressions, solve equations, and understand functions.
2. Develop skills in analysing and interpreting data, learning how to work with averages, probability, and statistical graphs to make sense of information.
3. Explore the properties of shapes and angles, calculate areas and volumes.

## You will have the following assessments:

1. Paper 1 (Non-Calculator): 1 hr. 30 minutes
2. Paper 2 (Calculator): 1 hr. 30 minutes
3. Paper 3 (Calculator): 1 hr. 30 minutes

All three papers are equally weighted.

Scan the QR  
code to  
access the  
Specification



## By studying this subject, you will have access to the following career pathways:

Studying maths helps you build strong problem-solving and analytical skills, which are useful in many careers like engineering, finance, and data science. Maths is the backbone of technology, supporting areas like coding, software development, and artificial intelligence. It also improves your logical thinking and attention to detail, which are important in business, healthcare, and research. Through maths mastery, you'll be better prepared to tackle real-world challenges and open doors to exciting and high-demand career opportunities that are typically very well paid.

**Head of Department:** Mrs O. Ogunlesi

[ogunlesio@eastbrookschool.org](mailto:ogunlesio@eastbrookschool.org)



# Science (Double Award)

## Outline of the Course:

In this subject you will explore the wonders of life, materials, and energy! In Biology, uncover how your body defends against illness and how ecosystems thrive. Chemistry lets you dive into the world of explosive reactions and everyday materials, while Physics reveals the forces and energies that shape our world.

## You should study this subject because:

1. It provides a comprehensive introduction to the sciences, supporting further study and a range of careers.
2. You'll develop critical thinking and practical skills that are widely applicable.
3. It lays the foundation for understanding scientific advancements and their impact on society.

## In this subject you will learn:

1. Biology: Learn how the body fights disease, genetics and inheritance, and the importance of ecosystems and biodiversity.
2. Chemistry: Explore chemical reactions like combustion and neutralisation, the periodic table, and materials such as plastics and metals.
3. Physics: Study forces, motion, electricity, and energy transfer.

## You will have the following assessments:

1. Six written exams, with two in biology, Chemistry, and Physics, each lasting 1 hour and 15 minutes.
2. You will follow the AQA Combined Science trilogy specification, which awards two GCSE Grades

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

By studying Combined or Triple Science, you will open the door to a variety of career pathways. These include medicine and healthcare roles like doctor, nurse, or pharmacist, engineering and technology positions such as mechanical engineer or software developer, research in biochemistry or physics, environmental sciences like ecology and geology, and fields like forensics and criminology.

**Head of Department:** Ms R Webb

[webbr@eastbrookschool.org](mailto:webbr@eastbrookschool.org)



# Triple Science

## Outline of the Course:

Discover the science behind life, matter, and the cosmos! Biology reveals the secrets of genetic engineering and complex ecosystems. Chemistry uncovers the fascinating structure of atoms and intricate reactions, while Physics takes you on a journey through energy, electromagnetism, and the vast mysteries of space and the universe.

## You should study this subject because:

1. Studying Triple Science provides a deeper understanding of Biology, Chemistry, and Physics, laying a solid foundation for further science study.
2. It enhances critical thinking and problem-solving skills through more detailed content and experiments, opening up greater opportunities for STEM careers and academic pursuits

## In this subject you will learn:

1. Biology: Investigate genetic engineering, complex ecosystems, and the nervous system.
2. Chemistry: Explore atomic structure, detailed chemical reactions, and organic chemistry, including hydrocarbons and polymers.
3. Physics: Study energy transfer, electromagnetism, and space, with topics covering the universe, stars, galaxies, and cosmology.

## You will have the following assessments:

1. Six written exams (two each for Biology, Chemistry, and Physics), each lasting 1 hour 45 minutes.
2. Graded individually, awarding three separate GCSEs in Biology, Chemistry, and Physics

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

By studying Combined or Triple Science, you will open the door to a variety of career pathways. These include medicine and healthcare roles like doctor, nurse, or pharmacist, engineering and technology positions such as mechanical engineer or software developer, research in biochemistry or physics, environmental sciences like ecology and geology, and fields like forensics and criminology..

**Head of Department:** Ms R Webb

[webbr@Eastbrookschool.org](mailto:webbr@Eastbrookschool.org)



# Geography

## Outline of the Course:

The GCSE Geography AQA course covers physical and human geography, including a range of topics such as natural hazards, climate change, ecosystems, urban issues, and resource management etc. It develops critical thinking, analytical skills, and a deeper understanding of global issues. Studying geography enhances spatial awareness and prepares students for diverse careers in environmental science, urban planning, and more. It also fosters a greater appreciation for the world's complexity and interconnectedness.

## You should study this subject because:

1. Learners will develop the ability to evaluate real world issues and to think critically on social, economic and environmental matters.
2. Understand the complex inter-relationships that exist between humans and the natural world.
3. Geography is an education for life and living enabling us to be more socially and environmentally sensitive, and informed responsible citizens and employees.

## In this subject you will learn:

1. Physical Geography: Hazards, climate change, rivers, coasts, ecosystems including tropical rainforests and cold environments.
2. Human Geography: Urbanisation, development, UK economy, Nigeria economy, resource management.
3. Fieldwork Enquiry. Data collection, data presentation, analysis, conclusion & evaluation.

## You will have the following assessments:

1. Paper 1: 1hr 30mins (35%) Physical Geography
2. Paper 2: 1hr 30mins (35%) Human Geography
3. Paper 3: 1hr 30mins (30%) Fieldwork & Pre-release.

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

Studying geography opens diverse career paths, including roles like geospatial analyst, environmental consultant, urban planner, cartographer, and hydrologist. Additional opportunities include teaching, remote sensing specialist, climatologist, surveyor, geoscientist, renewable energy specialist, transport planner and many more. These careers leverage analytical and spatial skills to address environmental, urban, and resource management challenges.

**Head of Department:** Mrs Sculthorp

[sculthorpes@eastbrookscool.org](mailto:sculthorpes@eastbrookscool.org)



# History

## Outline of the Course:

History enables us to connect with, and draw meaning from the stories, lives and events that occurred in the past, but have very much shaped the world that we live in today. The course is designed to give you variety and breadth in your historical studies. You will study larger periods of time to help you trace themes, as well as shorter chunks of time to delve deeper in to your subject specialism. You will wrestle with deeper historical questions that help you to evaluate evidence and test historical interpretations.

## You should study this subject because:

History helps us to make sense of situations and events that take place in the world around us. The topics covered at GCSE are the vehicle for many important and useful skills that you can apply to any subject and career:

- Problem-solving and interrogating evidence
- Thinking creatively
- Work independently
- Following lines of enquiry and research
- Managing time effectively
- Negotiating, questioning and summarising
- Thinking beyond the obvious- challenging what you see, read and hear

## In this subject you will learn:

Unit 1: Crime, policing & Punishment in Britain, c1000 – present day

Unit 2a: Early Elizabethan England 1558-1588

Unit 2b: Superpower relations and The Cold War, 1941-91

Unit 3: USA, at home and abroad 1954-75, (Civil Rights and The Vietnam War)

## You will have the following assessments:

There are 3 examined components that will assess your knowledge and understanding, your extended writing, and ability to analyse and evaluate sources and interpretations.

Paper 1: 1 hour 20 mins

Paper 2: 1 hour 50 mins

Paper 3: 1 hour 30 mins

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

By studying this subject, you will have access to the following career pathways:

History is valued by educational institutions and employers alike. There are many careers and pathways that require the key skills that you will develop as a GCSE historian: law, medicine, accountancy, politics, journalism and media research, law enforcement- (The police and forensic work), business management, banking and economics, travel and tourism industry, psychology and social work, teaching, archaeology and research.

**Head of Department:** Ms R Godfrey

[Godfreyr@eastbrookschool.org](mailto:Godfreyr@eastbrookschool.org)



# French

## Outline of the Course:

In French, you will continue to build upon the vocabulary knowledge and language skills you acquired in KS3, advancing further in all skills. You will explore in depth the six key GCSE themes. You will use a combination of different tenses (present, perfect, future, imperfect, conditional) and gain confidence in manipulating grammar concepts independently. Each lesson will include practice of the four key skills using exam-style questions, literary texts, and authentic materials. You will also be exposed to French culture through authentic resources and school visits.

## You should study this subject because:

1. In today's globalized world, being bilingual is a valuable asset. Many employers prefer French speakers for jobs in international business, media, travel, and diplomacy.
2. Learning French enhances your brainpower by improving cognitive skills, memory, critical thinking, and problem-solving abilities, making you sharper and more adaptable.
3. Additionally, learning French helps you discover new cultures and experiences. It's a skill that can enhance both your personal life and career opportunities.

## In this subject you will learn:

1. about six key themes that relate to students' lives and interests: My Personal World, Lifestyle and Wellbeing, My Neighborhood, Media and Technology, Studying and My Future, and Travel and Tourism.
2. to express your opinions and provide justifications, enhance your understanding of tenses while refining your grammar and vocabulary knowledge in various contexts.
3. to build on your listening, reading, speaking, and writing skills.

## You will have the following assessments (Pearson Edexcel):

1. Paper 1: Speaking in French (25%) :
2. Paper 2: Listening and understanding in French (25%)
3. Paper 3: Reading and understanding in French (25 %)
4. Paper 4: Writing in French (25 %)

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

Learning French will open up a variety of jobs both in the UK and internationally. Journalism • Publishing • Travel and tourism • Diplomatic services • Fashion industry • Marketing • Customer services • IT • Accountancy • Teaching. As well as being useful for your future career, learning another language is life skill.

**Head of Department:** Mr F Ifrek

[Ifrekf@eastbrookschool.org](mailto:Ifrekf@eastbrookschool.org)



# Spanish

## Outline of the Course:

In Spanish, you will continue to build upon the vocabulary knowledge and language skills you acquired in KS3, advancing further in all skills. You will explore in depth the six key GCSE themes. You will use a combination of different tenses (present, perfect, future, imperfect, conditional) and gain confidence in manipulating grammar concepts independently. Each lesson will include practice of the four key skills using exam-style questions, literary texts, and authentic materials. You will also be exposed to Hispanic culture through authentic resources and school visits.

## You should study this subject because:

1. Spanish is one of the most spoken languages in the world. Learning it opens doors to communication with millions of people across various countries.
2. Learning Spanish enhances your brainpower by improving cognitive skills, memory, critical thinking, and problem-solving abilities, making you sharper and more adaptable.
3. Additionally, learning Spanish helps you discover new cultures and experiences. It's a skill that can enhance both your personal life and career opportunities.

## In this subject you will learn:

1. about six key themes that relate to students' lives and interests: My Personal World, Lifestyle and Wellbeing, My Neighborhood, Media and Technology, Studying and My Future, and Travel and Tourism.
2. to express your opinions and provide justifications, enhance your understanding of tenses while refining your grammar and vocabulary knowledge in various contexts.
3. to build on your listening, reading, speaking, and writing skills.

## You will have the following assessments (Pearson Edexcel):

1. Paper 1: Speaking in Spanish (25%) :
2. Paper 2: Listening and understanding in Spanish (25%)
3. Paper 3: Reading and understanding in Spanish (25 %)
4. Paper 4: Writing in Spanish (25 %)

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

Learning Spanish will open up a variety of jobs both in the UK and internationally. Journalism • Publishing • Travel and tourism • Diplomatic services • Fashion industry • Marketing • Customer services • IT • Accountancy • Teaching. As well as being useful for your future career, learning another language is life skill.

**Head of Department:** Mr F Ifrek

[Ifrekf@eastbrookschool.org](mailto:Ifrekf@eastbrookschool.org)



# Business Studies

## Outline of the Course:

GCSE Business helps you understand how real businesses work in everyday life. You will learn how people come up with ideas, start companies, make money, and deal with customers. You will look at how shops, brands and online businesses decide what to sell, how much to charge, and how to grow. You will also learn what can go wrong and how businesses fix problems, so you can see what it really takes to run a business.

## You should study this subject because:

Studying Business helps you understand how real companies work, from small start-ups to big brands, and how they make money, attract customers, and grow.

It builds your confidence in making decisions, using data, and solving problems, which is useful for further study, running your own business, or working in almost any job.

## In this subject you will learn:

**How businesses start and grow:** Understand how ideas become real businesses and how companies develop over time.

**Marketing and customers:** Learn how businesses attract customers, set prices, and promote their products.

**Money and decision-making:** Use budgets, profit, and cash-flow to see how businesses decide what to do next.

## You will have the following assessments:

Two written exams, each lasting **1 hour 45 minutes**.

Both papers use real business stories, so you are not just memorising facts. You apply what you know to brands, shops and online businesses you already recognise. If you can think, explain and back up your ideas, you can do very well in this course.

Scan the QR code to access the Specification



## By studying Computer Science, you will open the door to a variety of career pathways:

This subject prepares you for real jobs that actually exist. You could go into marketing, finance, management, sales, or even run your own business. You will understand how money moves, how customers think, and how companies make decisions.

Even if you do not end up in business, these skills follow you everywhere. Every job works inside a business. This course helps you stay ahead instead of just turning up.

**Head of Department:** Mr F Miah

[Miahf@eastbrookschool.org](mailto:Miahf@eastbrookschool.org)



# Computer Science

## Outline of the Course:

Explore how computers work, how networks connect devices, and how programs are created. You will learn to think logically, solve problems, and understand how digital systems and cybersecurity affect everyday life. This course prepares you for further study and careers in technology.

## You should study this subject because:

Studying Computer Science provides an in-depth understanding of digital systems, algorithms, and programming, laying a strong foundation for further study in further study in Computer Science, IT, and digital subjects.

It enhances problem-solving and logical thinking skills through practical coding tasks and real-world applications, opening up opportunities for tech careers and college, sixth-form and university pathways.

## In this subject you will learn:

**Computer Systems:** Understand the inner workings of the CPU, memory, and how computers process information.

**Networks and Cybersecurity:** Explore how devices connect, communicate, and how to stay safe from digital threats.

**Programming and Algorithms:** Develop your coding skills, create algorithms, and solve problems using logical thinking.

## You will have the following assessments:

Two written exams taken at the end of the course.

Both are equally weighted, covering Computer Systems, Computational Thinking, Algorithms, and Programming.

Scan the QR code to access the Specification



## By studying Computer Science, you will open the door to a variety of career pathways:

These include technology roles such as software developer, data analyst, or cybersecurity specialist, as well as engineering fields such as software engineering, robotics and artificial intelligence. You can also progress into careers in game design, digital forensics, IT support, and IT management.

**Head of Department:** Mr F Miah

[Miahf@eastbrookschool.org](mailto:Miahf@eastbrookschool.org)



# ICT

## Outline of the Course:

Explore how digital technology is used in everyday life and in real businesses. You will learn how to use software, manage data, and create digital solutions to solve problems. This course helps you understand how ICT supports organisations and prepares you for further study and work in the digital world.

## You should study this subject because:

1. Studying ICT gives you practical skills in using computers, software, and digital tools that are used in real workplaces.
2. It helps you become confident in handling data, creating documents, and solving problems using technology.
3. ICT gives you a strong foundation for further study and future careers in technology, business and digital industries.

## In this subject you will learn:

1. ICT in Society: Understand how technology is used in businesses, schools and everyday life, and how it affects people, law and ethics.
2. Using IT systems: Learn how to use software, databases and spreadsheets to organise information and support decision-making.
3. Creating digital solutions: Design and create documents, presentations and multimedia products to meet real user needs.

## You will have the following assessments:

Unit 1 – ICT in Society: An on-screen exam lasting 1 hour 20 minutes, worth 40% of the final grade.

Unit 2 – ICT in Context: A controlled assessment where you complete practical IT tasks over time, worth 60% of the final grade.

Scan the QR code to access the Specification



## By studying ICT, you will open the door to a variety of career pathways:

These include roles such as IT support technician, data analyst, digital marketer, and web designer. ICT also supports careers in business, finance, media and many other industries where digital skills are essential.

**Head of Department:** Mr F Miah

[Miahf@eastbrookschool.org](mailto:Miahf@eastbrookschool.org)



# Design and Technology

## Outline of the Course:

The GCSE in Design and Technology enables students to understand and apply iterative design processes through which they explore, create and evaluate a range of outcomes. The qualification enables students to use creativity and imagination to design and make prototypes that solve real and relevant problems.

## You should study this subject because:

1. You are creative and enjoy designing and making products.
2. You are interested in careers related to design and technology.
3. You are interested in solving real life problems by applying scientific and technical knowledge.

## In this subject you will learn:

1. The properties and applications of timbers, polymers, papers, boards, textiles, metals , smart materials and modern materials.
2. How new and emerging technologies have impacted the designing of products.
3. How to produce a design portfolio and a high-quality functional product to accompany it.

## You will have the following assessments:

1. Component 1: Written examination: 1 hour and 45 minutes (50% of the qualification).
2. Component 2: Non-examined assessment (50% of the qualification).

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

Potential future careers include; Architect, Mechanical Engineer, Animator, Product Designer, Carpenter, Building Control Officer, Pattern Cutter, Photographer, Quantity surveyor, Sculptor, Graphic Designer. You could also decide to do an apprenticeship or study the subject as an A Level, or Technical Level.

**Head of Department:** Mr L Mugombe

[mugombel@eastbrookschool.org](mailto:mugombel@eastbrookschool.org)



# Hospitality and Catering

## Outline of the Course:

The Vocational Award in Hospitality and Catering will develop students' knowledge and understanding of the Hospitality and Catering sector and provide them with opportunities to develop associated practical skills. It covers the hospitality and catering industry and hospitality and catering in action.

## You should study this subject because:

1. You enjoy planning and preparing nutritious meals.
2. You are interested in careers related to Hospitality and Catering
3. You are interested in how catering and hospitality providers work.

## In this subject you will learn:

1. How the hospitality and catering industry operates including provision, health and safety, and food safety.
2. How nutrition is important and how to plan nutritious menus.
3. The skills needed to prepare, cook and present dishes. You will also learn how to review your work effectively.

## You will have the following assessments:

1. Unit 1: The hospitality and catering industry – Externally assessed (40%)
2. Unit 2: Hospitality and catering in action – Internally assessed (60%).

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

The hospitality industry offers a wide range of exciting opportunities which includes Chef de partie, Commis chef, Concierge, Executive chef, Front of house manager, Head waiter, Housekeeper Maître d'hôte, Pastry chef, Receptionist and Sous chef.

**Head of Department:** Mr L Mugombe

[mugombel@eastbrookschool.org](mailto:mugombel@eastbrookschool.org)



# Art & Design (Art, Craft and Design)

## Outline of the Course:

Students undertake a range of practical and research based activities, to increase knowledge, skills and understanding in Art & Design techniques. Students then compile a portfolio of evidence that demonstrates their ability to develop, explore and refine ideas, select and experiment with a range of appropriate media, materials and processes and present personal and meaningful artistic responses.

## You should study this subject because:

1. You are highly skilled and enjoy being creative.
2. You want a balanced curriculum.
3. You want to be successful in an extremely successful subject.
4. You want a wide career pathway in a thriving sector that contributes over £14b annually to the UK economy, with over 200,000 jobs in arts and culture, 40% of these in London.

## In this subject you will learn:

1. Advanced skills and techniques in Art & Design.
2. How to put together a portfolio of work.
3. Vital transferable skills such as creativity, analysis and problem solving.

## You will have the following assessments:

Termly Portfolio Reviews and Assessments

Component 1: Portfolio of Evidence 60%

Component 2: Externally Set Assignment 40%

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

Fashion design • Graphic design • Theatre designer • Animator • Video game designer • Illustrator  
Museum curator • Photographer • Architecture • Product design • Textiles design • Ceramics • Advertising  
• Publishing • Interior design • Fashion and media journalism • Hair and make-up design • Retail design •  
Exhibition design • Jewellery design • Artist • Visual media • Teaching

**Head of Department:** Mr A Nathan

[nathana@eastbrookschool.org](mailto:nathana@eastbrookschool.org)



# Art & Design (Photography)

## Outline of the Course:

Students undertake a range of practical and research based activities, to increase knowledge, skills and understanding in Photography techniques. Students then compile a portfolio of evidence that demonstrates their ability to develop, explore and refine ideas, select and experiment with a range of appropriate media, materials and processes and present personal and meaningful artistic responses.

## You should study this subject because:

1. You are highly skilled and enjoy being creative.
2. You want a balanced curriculum.
3. You want to be successful in an extremely successful subject.
4. You want a wide career pathway in a thriving sector that contributes over £14b annually to the UK economy, with over 200,000 jobs in arts and culture, 40% of these in London.

## In this subject you will learn:

1. Advanced skills and techniques in Photography.
2. How to put together a portfolio of work.
3. Vital transferable skills such as creativity, analysis and problem solving.

## You will have the following assessments:

Termly Portfolio Reviews and Assessments

Component 1: Portfolio of Evidence 60%

Component 2: Externally Set Assignment 40%

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

Fashion design • Graphic design • Theatre designer • Animator • Video game designer • Illustrator  
Museum curator • Photographer • Architecture • Product design • Textiles design • Ceramics • Advertising  
• Publishing • Interior design • Fashion and media journalism • Hair and make-up design • Retail design •  
Exhibition design • Jewellery design • Artist • Visual media • Teaching

**Head of Department:** Mr A Nathan

[nathana@eastbrookschool.org](mailto:nathana@eastbrookschool.org)



# Health and Social Care

## Outline of the Course:

The main aim of the course is to understand how professionals provide care for service users with different needs. The course will support you on how to deliver care in a variety of health and social care settings including hospital, residential home, day care centre etc. The course also focuses on how to support individuals through predictable and unpredictable life events as well as how to promote health promotion campaigns.

## You should study this subject because:

1. You will learn how to communicate effectively with individuals or groups. Communication is at the heart of health and social care and is taught/ applied in all units.
2. You will build your understanding of the requirements and challenges of working in a healthcare settings.
3. You will also learn how to develop a person-centred approach to care by exploring real life scenarios and discussions around challenges and overcoming barriers to provide effective care.

## In this subject you will learn:

**R032** Principles of care in health and social care settings

**R033** Supporting individuals through life events

**R035** Health promotion campaigns

## You will have the following assessments:

1. One externally assessed unit (exam)
2. Two centre assessed units (NEA)

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

Overall, studying health and social care can be both fulfilling and impactful, allowing you to contribute positively to society while building a meaningful career. By studying this course, opens the gateway to a variety of career options within the health and social care sector. These include, nursing, social worker, mental health nurse, midwife and so many more!

**Head of Department:** Mrs F Khan

[Khanf@eastbrookschool.org](mailto:Khanf@eastbrookschool.org)



# Media Studies

## Outline of the Course:

Media is a contemporary and interactive subject which encourages students to develop their creative, analytical, research, and communication skills by exploring a range of media forms and perspectives. This is a fun subject to study as it involves media products such as film, music videos and video games. However, it's also an important subject; media shapes our lives and changes the way we think and behave, so it's essential we understand how it works.

## You should study this subject because:

- You will develop skills that you can use in your other subjects, such as critical thinking, analysis, research, planning and time management.
- It's relevant to your life: if you understand media influence, you'll have an advantage in life as you will understand how media shapes and manipulates meaning.
- Media Studies offers a chance for pupils to be creative and to work independently to design their own media products.

## You will have the following assessments:

Examined unit: Media One (1hr 30mins)

Examined unit: Media Two (1hr 30mins)

Non-examined-unit: Coursework

## In this subject you will learn:

- About a variety of media products, including television, film, radio, newspapers, magazines, advertising, video games and music videos.
- How to look at texts using critical analysis and theoretical frameworks including media language, media representation, media industries and media audience.
- How to create your own media product, whether it be magazine or music video.

Scan the QR  
code to  
access the  
Specification



## By studying this subject, you will have access to the following career pathways:

- Digital Content Influencer, working with platforms like YouTube, Tik Tok and Instagram
- Jobs in the TV and film industry such as a Scriptwriter or Presenter – or maybe in Production as an Editor or Cinematographer
- A career in traditional media working for a Newspaper as a Journalist or in Publishing and information services
- Marketing and Sales

**Head of Department:** Miss M Wood

[Woodm@eastbrookschool.org](mailto:Woodm@eastbrookschool.org)



# Sociology

## Outline of the Course:

Sociology helps students develop a wide range of knowledge and understanding about society at a global level (locally and globally), focusing on how sociologists' study and understand its structures, processes and issues. Sociology helps us understand the importance of social context, explore theories which question how society is structured and debate potential solutions to social problems.

## You should study this subject because:

1. It is an interesting and exciting subject that is highly relevant to the lives of students at Eastbrook school.
2. It helps students better understand the barriers they may face, equipping them in overcoming those barriers
3. It allows students to critically question the world they live in; fostering conversation on justice, fairness and equality

## In this subject you will learn:

1. The importance of the family in shaping who we are and our future outcomes.
2. How processes within school positively and negatively affect different types of students.
3. Who is more likely to commit crime and why.
4. How life chances are not equal for all in society due to key barriers individuals face: age, class, gender, ethnicity, disability, sexuality and religion.

## You will have the following assessments:

Component 1: 50% of overall GCSE Grade.  
Duration 1hour and 45minutes  
Units - Key Concepts, Families, Education and Research Methods.

Component 2: 50% of overall GCSE Grade.  
Duration 1hour and 45minutes  
Units - Social Stratification, Crime and Deviance and Research Methods.

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

Education & Community Work - Teacher, Youth Worker, Community Support Officer  
Public Services - Policy Advisor, Civil Servant, Social Worker, Social Policy Analyst  
Media - Journalist, Social Media Manager, PR Officer  
CJS and Law – Police Officer, Probation Officer, Legal Assistant, Court Clerk, Solicitor / Barrister

Name of Head of Department: Ms A Jones

Contact for Head of Department: [jonesas@eastbrooks school.org](mailto:jonesas@eastbrooks school.org)



# Religious Studies

The study of World Major religions and non- religious beliefs and how they can impact people's lives. Exploring beliefs, reflecting on personal values and developing critical thinking skills. It allows pupils to examine their own beliefs by asking questions about the meaning and purpose of life, issues of rights and wrong and what it means to be human.

## You should study this subject because:

1. Explore philosophical questions through debate and critical thinking
2. Learn to respect and tolerate a range of beliefs, opinions and cultures
3. Help students become good citizens in a diverse society and challenge prejudice.

## In this subject you will learn:

1. Study of religions and explores the beliefs and practices of two major religions. This is Christianity and Islam
2. Exploring four themes in philosophical and ethical issues in the modern world such as Relationships and Families, Issues of Life and Death, Peace and Conflict and Crime and Punishment.

## You will have the following assessments:

Component 1: Religious, Philosophical and Ethical Studies in the Modern World Written examination: 2 hour 50% of qualification  
Component 2: Study of Christianity Written examination: 1 hour 25% of qualification  
Component 3: Study of a World Faith (Islam) Written examination: 1 hour 25% of qualification

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

Law  
Teaching/Lecturer  
Journalism  
Politics  
Civil service

**Head of Department:** Ms Z Choudhury

[ChoudhuryZ@eastbrookschool.org](mailto:ChoudhuryZ@eastbrookschool.org)



# Performing Arts (Music Component)

## Outline of the Course:

In this subject you will explore the different styles and genres of music as well as applying these different styles to your practical work which you will develop in three different areas, Performance, Music Theory, Song Writing Techniques, Music Production (Recording and Sequencing) and the Music Business.

## You should study this subject because:

1. You have a love for music and want to develop your musical skills and techniques in your chosen instrument.
2. The skills developed are transferable skills ranging from: Teamwork, Leadership, Self-management, Communication, Time management, meeting deadlines, exploring new genres of music, analysing and evaluating and enhancing their learning
3. To also develop music production skills as well as compositional skills

## In this subject you will learn:

1. How to explore and develop key musical skills, ranging from rehearsing to experimenting with technology, equipment and instruments as well as developing an understanding of the music industry.
2. An insight into the Music industry that offers many different opportunities, whether in composing, performing, or producing music.
3. The exploration of a variety of musical styles and the musical theory and techniques that underpin them and develop technical and practical skills through workshops and classes.

## You will have the following assessments:

2 non-exam internal assessments

Component 1: Exploring Music Products and Styles - exploration of the techniques used in the creation of different musical products and investigation of the key features of different musical styles and genres.

Component 2: Music Skills Development of two musical disciplines External Assessment External Synoptic Responding to a brief

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

Music is able to provide students with a range of skills that enhance their employment prospects. The discipline of learning an instrument, along with resilience and determination, thinking and creating, using one's initiative, and being able to communicate ideas are all invaluable assets. Universities and employers are always impressed by the skills musicians have due to their well balanced curriculum.

**Head of Department:** Mrs Lorraine Clarke-McGhie

[Clarke-mcghiel@eastbrookschoo.org](mailto:Clarke-mcghiel@eastbrookschoo.org)



# Performing Arts (Drama Component)

## Outline of the Course:

In this subject you will explore the performing arts through studying how a performance is created from page to stage, and those who are involved in its creation and why it was made as well as developing your skills and techniques in performance and acting.

## You should study this subject because:

1. You have a love for acting and performing through exploring how theatre performances are made and gives a real insight into the business of performing arts
2. Want to develop your acting and performance skills and techniques while building up your confidence and communication skills as well as working independently as a group and working on leadership skills.
3. The skills you develop are transferable ranging from: Teamwork, Leadership, Self-management and Communication

## In this subject you will learn:

- 1: By exploring the performing arts by examining the work of performing arts professionals and the processes used to create a performance from page to stage exploring each performance through practical application
- 2: You will also work as a performer developing your application of skills, techniques and practices producing and interpreting performance work.
- 3: The exploration of responding to a set brief Working as part of a group, developing ideas for a workshop performance applying the skills and techniques to communicate your creative intentions to an audience.

## You will have the following assessments:

2 non-exam internal assessments Component 1 Exploring the Performing Arts  
Component 2 Developing Skills and Techniques in the Performing Arts  
External Assessment External Synoptic  
Responding to a brief. This external component builds on knowledge, understanding and skills acquired and developed in Components 1 and 2.

Scan the QR code to access the Specification



## By studying this subject, you will have access to the following career pathways:

By studying performing arts it gives you an artistic voice, self-expression, self-discovery confidence, creativity and passion as well as empowering you to aspire to great things in the future for example performing arts, media, business, law, advertising, sales, hospitality and tourism.

**Head of Department:** Mrs J Bishop

[bishop@eastbrookschoo.org](mailto:bishop@eastbrookschoo.org)



# Physical Education

## Outline of the Course:

AQA GCSE PE has three components to the course. 60% of the overall grade will be based on theoretical understanding of the human body/ movement/ socio-cultural influences and well-being in physical activity and sport. 30% will be on practical performance with the final 10% being coursework based.

*All students who do not choose GCSE PE will participate in 2 hours of high-quality practical PE lessons per week in line with government requirements.*

## GCSE PE Pathway

### You should study this subject because:

1. You have a love for practical sport willing to push yourself in a range of sporting activities to the best of your ability showcasing your talent.
2. You have a passion to understand how the body and mind work to ensure a performer optimises their performance.
3. The skills you develop are transferable ranging from: Teamwork, Leadership, Self-management and Communication

### In this subject you will learn:

How sport and physical activity work both in theory and practical. The theoretical modules are:

1. Anatomy and Physiology
2. Movement Analysis
3. Physical Training
4. Sports Psychology
5. Social and Cultural Influences in Sport
6. Health, Fitness and Well-being

Assessed in a range of sports with 3 sports carried through to final moderation. (Must be a mix of individual and team games)

There is an element of coursework which involves analysing and improving performance.

### You will have the following assessments:

Practical exam through a sampled moderation on selected sports.

2 x 75 minute written exams. (Paper 1- Human Body and Movement/ Paper 2- Socio-cultural Influences and Well-being)

Analysis and Evaluation- Coursework

Scan the QR code to access the Specification



### By studying this subject, you will have access to the following career pathways:

GCSE PE provides a student the platform to further their academic pathway at KS5 for A-Levels, BTEC and CTECs. PE will develop knowledge, skills and behaviours that support a wide range of careers from; Education and Teaching, Sport- Fitness and Coaching, Sport Science and Health, Professional Sport and Performance, Sport media- business and events.

### Strategic Lead for Sport and Enrichment: Mr Barratt

Barratn@eastbrookschool.org

