

EASTBROOK PRIMARY SCHOOL MENU WEEK 3

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	katsu Chicken with Rice	Classic Beef Lasagne with Garlic Bread	Piri-Piri Chicken with Corn Rice & a lemon and Herb sauce	Chicken Sausages with Mashed Potato & Gravy	Crispy Chicken Burger with Chips
Vegetarian option	Broccalli & Cheese Frittata with Tomato Salsa	Vegetable & Chickpes Lasagne with Gralic Bread	Vegetable and Refined beans quesadillas	Vegetarian Sausages with Mashed Potato & Gravy	Homemade Vegan Beans & Vegetable Burger with Chips
Jacket Potato	Daily served with Butter, Cheese, Baked Beans				
Side	Steamed Cabbage	Broccoli	Glazed Carrot & Colaslaw	Sauteed Savoy Cabbage	Baked Beans & Green Peas
Dessert	Banana Cake	Iced Sprinkle Cookies	Lemon Drizzle Sponge	Mixed Berry Muffin	Chef Dessert Pot
Daily	Milk, Yoghurt or Jelly, Cut Fruit. Granola Bar & Bread				
Salad Bar	Tomato, Cucumber. Mixed Leaf, Beetroot, Coleslaw and Daily Composite Salad, Crudities.				