

prepare for Primary!

Get ready for school with **fun sessions** for children and parents



Wednesdays 4pm–5pm

June
17

June
24

July
1

July
8

Session themes:

Making Friends • **Eating at School** • **Building Healthy Habits** • **Communication and Understanding**

(see over for session timetable)

Our engaging activities help both you and your child build skills, habits and confidence to prepare for school.

scan code
to book



Eastbrook School

Dagenham Road, Dagenham RM10 7UR
www.eastbrookschoool.org

proud to be working with
Barking Abbey School



Join us for activities, ideas, tips and advice to help support your child's school preparation journey.

All sessions include music, games, interactive and creative activities, role-play and a story.

Wednesdays 4pm–5pm

Free takeaway resources available at every session.

Prepare for Primary!

June 17 Making Friends

Friendship bracelet-making, dolls, prams and cribs, giant marble run.



June 24 Eating at School

School dinners and healthy packed lunches, fruit kebab-making, fun toothbrushing activities, greengrocers role-play.



July 1 Building Healthy Habits

Sleep routines, healthy screen time, 'Zen Den' yoga, pyjama party for all attendees.



July 8 Communication and Understanding

Communication and attention skills, parachute games, musical instruments, playdough.



FREE



Healthy, nutritious, school-cooked meal for every child at all sessions – just like they'll receive when starting school! Tasting pots and refreshments also available for parents.

All sessions are free and held at Eastbrook School with supervision from our expert early years team.

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