

# EASTBROOK SCHOOL MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Bagels, Cheese on Toast, Baked Beans, Sausages, Egg and Hash Browns	Bagels, Cheese on Toast, Baked Beans, Sausages, Egg and Hash Browns	Bagels, Cheese on Toast, Baked Beans, Sausages, Egg and Hash Browns	Bagels, Cheese on Toast, Baked Beans, Sausages, Egg and Hash Browns	Bagels, Cheese on Toast, Baked Beans, Sausages, Egg and Hash Browns
<b>Morning Break One</b>	Cheese Toasties	Selection of Pastries	Beef Burger	Selection of Pastries	Chef Choice
<b>Morning Break Two</b>	Sausage in a half baguette	Roasted Vegetable Pasta Pot	Spicy Bean Burger	Oriental Chicken Wrap	Macaroni Pot
<b>Main Dish</b>	Asian style Turkey Noodles	Italian Meatballs with Tomato Basil Sauce	Paprika Roasted Chicken with Gravy	Beef Sausages, Potato Mash & Gravy	Fish & Chips, Curry Sauce
<b>Vegetarian Option</b>	Stir Fry Tofu Noodles	Quorn Meatless Balls with Tomato Basil Sauce	Paprika Roasted Quorn Chunks & Vegetable with Gravy	Vegetable Sausages, Potato Mash & Gravy	5 a- Day Vegetable Burger & Chips
<b>Sides</b>	Garden Peas, Crispy Salad	Steamed Rice, Garlic Bread & Broccoli	Roast Potatoes, Carrots & Wilted Greens	Cabbage & Carrot	Coleslaw, Baked Beans
<b>Jackets &amp; Pasta</b>	Daily served with Butter, Cheese, Baked Bean, Tuna Mayo.. Pasta Pot available daily.				
<b>Baguettes &amp; Sandwiches</b>	We produce a selection of different Baguettes : Cheese, Chicken, Tuna, Falafels & Egg Mayo.				
<b>Dessert</b>	Lemon Sponge with Custard	Chocolate Brownie	Cornflakes Cake	Lemon & Lime Yoghurt Cake	Strawberry Flapjack
<b>Fruits</b>	Baskets of whole fruit available daily to all students FREE of charge. Hydration station across the campuses.				
<b>Eat Healthy</b>	Grab & Go Pots available daily: Pasta, Cous Cous or Rice with Egg, Salmon, Cheese or Chicken with Fresh Salads.				