

EASTBROOK PRIMARY MENU WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Katsu Chicken with Rice	Classic Beef Lasagne with Garlic Bread	Chicken Jalfrezi with Corn Rice	Beef Sasuges with Mashed Potato & Gravy	Crispy Chicken Burger with Chips
Vegetarian option	Broccalli & Cheese Frittata with Tomato Salsa	Vegetable & Chickpes Lasagne with Gralic bread	Vegetable and Refined beans quesadillas	Vegetarian Sausages with Mashed Potato & Gravy	Homemade Vegan Beans & Vegetable Burger with Chips
Jacket Potato	Daily served with Butter, Cheese, Baked Beans				
Side	Steamed Cabbage	Broccoli	Glazed carrot & Colaslaw	Sauteed Savoy Cabbage	Baked Beans & Green Peas
Dessert	Banana Cake	Apple & Sultana Flapjack	Lemon Drizzle Sponge	Choclotalle Muffin	Chef Dessert Pot
Daily	Milk ,Yoghurt or Jelly, Cut Fruit. Granola Bar & Bread				
Salad Bar	Tomato, Cucumber. Mixed Leaf, Beetroot, Coleslaw and Daily Composite Salad, Crudities.				