

EASTBROOK PRIMARY MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Chicken Chowmein	Pasta bolognese with Garlic & Herbs Bread Slice	Breast of Chicken with Golden Vegetable Rice	Eastbrook Cottage Pie	Fish Finger with Thick cut chips
Vegetarian option	Vegetable Chowmein	Creamy Broccoli & Spinach Pasta with Garlic & Herbs Bread Slice	Stuffed Sweet Potato with Vegetable	Vegan Cottage Pie	Vegetable & Cheese Muffin
Jacket Potato	Daily served with Butter, Cheese, Baked Beans				
Side	Sweetcorn	Beans & Carrot	Medley of Vegetable	Wilted Cabbage & Spinach	Green Pea & Baked Beans
Dessert	Vegan Chocolate Brownies	Vanilla Sponge Cake	Fruit Jelly	Biscuits	Vaniila Ice cream & Fresh fruit Salad
Daily	Milk ,Yoghurt or Jelly, Cut Fruit. Granola Bar & Bread				
Salad Bar	Tomato, Cucumber. Mixed Leaf, Beetroot, Coleslaw and Daily Composite Salad, Crudities.				